

Mary Queen Catholic Church

606 Cedarwood, Friendswood
Wednesdays at 9:00 am, St. Anne's Room
Contact Sandy Sorrell at 281-482-1784 or ghsorrell1@gmail.com.

St. Bernadette Catholic Church

15500 El Camino Real, Houston (Clear Lake)
Tuesdays at 9:00 am and Wednesdays at 4:00 pm, Brandsma Bldg., Rm. B213
Contact Chris Twardowski at 281-486-0337 x317, or twardowskic@sbchurch.org.

St. Cecilia Catholic Church

11720 Joan of Arc, Houston
1) 1st and 3rd Wednesdays, 6:30-8:30 pm, Community Center Rm. 202, contact Sam Mancuso at 713-682-1678 or sam@aceadvertisingsigns.com.
2) 1st Saturdays, 9:15 am to 12:15 pm, Rm. 205, contact Andrea Morgan at 281-589-0342 or az.morgan@comcast.net.

St. Cyril of Alexandria Catholic Church

10503 Westheimer, Houston
Wednesdays at 10:00-11:15 am, "Doorway to Silence"
Contact elise Campana at 713-781-8764 or elisem32@yahoo.com

St. John the Divine Episcopal Church

2450 River oaks Blvd., Houston
Thursdays 8:30-9:25 am, Rm. L-25. (No meetings in August or on holidays.)
Contact Shirley Burgher at 713-542-9118 or shirleyburgher@gmail.com.

St. Martha Catholic Church

2302 Oak Shores Dr., Kingwood
Sundays at 7:30 am, Old Campus, Rm. 2.
Contact susan Davy at 832-489-3939 or sudavy@gmail.com.

St. Paul's United Methodist Church

5501 Main St., Houston
Sunday CP class at 8:30 am in Jones Bldg. #203
Contact Judy Leatherwood-Smith at 281-731-9530 or leatherwoodjl@aol.com.

St. Thomas More Catholic Church

10330 Hillcroft, Houston
1st Saturday each month at 10:00 am, St. Paul Room, Adult Education Building.
Contact Magda Garcia at 281-793-2510 or mfdez@swbell.net.

St. Vincent de Paul Catholic Church

6800 Buffalo Speedway, Houston
1) Tuesdays at 10:00 am, contact Paula Djabbarah at 713-621-1585, 281-703-3877, or rfd437@aol.com.
2) Wednesdays at 7:00 pm, contact Elaine Caldwell, Coordinator of Adult Life Ministries, at 713-663-3564 or ecaldwell@svdp-edu.org.

Interior Silence



The Root of Prayer



Ruah Center

at Villa de Matel
6510 Lawndale
P.O. Box 230969
Houston, TX 77023

Phone: 713-928-6053
Fax: 713-928-9962
ruah@ccvi-vdm.org
www.ruahcenter.org

2018

Is Centering Prayer for You?

Might God's Spirit be inviting you into a deeper, more meditative prayer practice? Consider: Have you already developed a personal discipline of prayer? Lately when you settle down to pray, do you simply find yourself tired of the sound of your own voice? Do you sense an increasing attraction to a place of interior silence? If this resonates in you, read on.

*The Lord is good to those who wait for him,
to the soul who seeks him.
It is good that one should wait quietly
for the salvation of the Lord.*

Lamentations 3:25-26



2018 Centering Prayer Weekends at Ruah Center

5:00 pm Friday to 5:00 pm Saturday

January 12-13*	July 13-14
February 16-17	August 10-11
March 16-17*	September 7-8
April 6-7	October 12-13
May 11-12**	November 9-10
June 8-9	December 14-15

* Introduction to Centering Prayer Workshop offered in Spanish on Saturday 9:30-3:00.
** Introduction to Centering Prayer Workshops offered in both English and Spanish on Saturday 9:30-3:00.

If you're new to the Villa, please be here at 4:45 p.m. on Friday to be oriented. A light supper on Friday is available to all centerers between 5:00 and 6:00 pm, but **let us know when you register if you'll be here for supper.** Supper on Saturday is not included in the Centering weekend, but if you'd like to stay longer on Saturday evening, have supper or spend the night, make that clear also when you register.



Call or e-mail early to make your reservation. If your plans change and you're unable to attend, let us know ASAP so that your room can be made available to someone else. Thanks!

Intensive Centering Prayer Retreat

Ruah will offer an 7-day Intensive Centering Prayer Retreat June 3-9, 2018. We know that many cannot leave their jobs and families for that long, so we also welcome you to join us June 7-9 as a mini-retreat. And we'll include the regularly scheduled CP Weekend June 8-9 for those who can come for 24 hours only. Call or email to register for any of these options.

Centering Prayer Resources in Houston

Houston Contemplative Network, www.contemplative.net, is the local hub for information about centering prayer resources and events including discussions, books, CDs and DVDs, and introductory experiences. Contact Dr. Carole Pentony at carolpen@wt.net.

**The silence holds with its gloved hand
the wild hawk of the mind.**

R.S. Thomas

Other Houston Area Centering Prayer or Christian Meditation Groups

Hines Center (Located at Episcopal Christ Church Cathedral)

Downtown Houston, 500 Fannin St. at Prairie. (Free parking—enter garage at San Jacinto and Texas Ave.) Mondays at 11:00 am. Contact Carole Pentony at 713-504-5858 or carolpen@wt.net.

Chapelwood United Methodist Church

11140 Greenbay, Houston
Mondays at 9:00 am, Bride's Room
Contact Lori Anderson at 713-365-2813 or LAnderson@chapelwood.org

Christ the Good Shepherd Catholic Church

18511 Klein Church Rd., Spring
Resource Group meets 2nd Saturday each month, 9:30-11:30 am.
Contact Kim Kehoe at 281-376-5759 or kehoemck@rice.edu.

Epiphany Catholic Church

1530 Norwalk Dr., Katy
Thursdays at 10:00 am to 12:00 noon, Parish Activity Center, Rm. 400.
Contact Bonnie McCann at 832-437-9180 or rgmccan@hotmail.com.

(More on back)